

# MARCH BREAK

3-on-3 HOCKEY TOURNAMENTS

## ATOM DIVISION

MONDAY, MARCH 11<sup>th</sup>, 2019  
ATOM – Born '08/'09

## TYKE & PEEWEE DIVISIONS

TUESDAY, MARCH 12<sup>th</sup>, 2019  
TYKE – Born '12/'13 • PEEWEE – Born '06/'07

## NOVICE DIVISIONS

WEDNESDAY, MARCH 13<sup>th</sup>, 2019  
NOVICE – Born '10/'11

## REGISTRATION DETAILS FOR ALL TOURNAMENTS

- Teams are guaranteed 5 games each (based on number of teams entered into each division)
- Games will be 24 minutes in length, run time
- 90-second buzzer signaling player changes in the House League Divisions only
- Each tournament will run from approximately 8:00am to 6:00pm on their scheduled days. They may start earlier or later depending on the total number of teams
- Teams will consist of a **MAXIMUM** of 7 skaters and 1 goalie
- Rep & House League levels available for each age group
- Jerseys and socks will NOT be supplied. **Teams must have matching and numbered jerseys.**

**INDIVIDUAL ENTRY: \$95 +HST**  
**TEAM ENTRY: \$550 +HST**

Contact our main office to reserve your spot in one of our March Break Tournaments

905-953-0978  
andrew@ntrcanada.com

# MARCH BREAK CLINICS

THURSDAY, MARCH 14<sup>th</sup>, 2019  
and FRIDAY, MARCH 15<sup>th</sup>, 2019

## DANGLES & DEKES \$80 +HST

Sick dangles, 1-on-1 skills, offensive puck control.  
8 years old and up. 3:00pm – 4:30pm

## AGILITY SKATING & PUCK SKILLS \$110 +HST

Cross-overs, pivots, stops/starts, acceleration.  
9 years old and up. 1:00pm – 3:00pm

## GOALTENDING \$155 +HST

with Greg 'Red Dog' Redquest.  
6 years old and up. 12:30pm – 2:30pm

## ELITE TRAINING \$110 +HST

Rep players only; Tune up for playoffs.  
8 years old and up. 10:30am – 12:30pm

## SKATE & SHOOT \$80 +HST

This will focus on a player's ability to skate and shoot.  
7 years old and up. 9:30am – 11:00am

## DEFENCEMEN SKILLS \$110 +HST

Position specific skills for offence & defence situations.  
8 years old and up. 11:00am – 1:00pm

# 5-DAY CAMP

Monday, March 11<sup>th</sup> to Friday, March 15<sup>th</sup>, 2019

- 15 hours of ice time minimum spread out over 5 days
- 8:30 am drop-off and 5:00 pm pick-up
- On-ice instruction and off-ice activities
- This camp will provide skill development in the following areas: power skating and acceleration, shooting, passing, quick hands & quick feet, & puck protection

For children ages 6 and up.

**\$439 +HST**

**Meal plan \$50 Taxes Included**

(Lunches provided daily by Deli House Catering)

# PRIVATE & TEAM TRAINING

OFFERED YEAR-ROUND  
CALL FOR AVAILABILITY

30 Min Sessions	1 Player	2 Players	3 Players
1 Session	\$75 +HST	\$120 +HST	\$140 +HST
10 Sessions	\$700 +HST	\$1000 +HST	\$1200 +HST
25 Sessions	\$1625 +HST	\$2250 +HST	\$2500 +HST

1 Hr Sessions	1 Player	2 Players	3 Players
1 Session	\$135 +HST	\$190 +HST	\$200 +HST
5 Sessions	\$600 +HST	\$825 +HST	\$900 +HST
10 Sessions	\$1100 +HST	\$1550 +HST	\$1700 +HST
25 Sessions	\$2500 +HST	\$3375 +HST	\$3750 +HST

Team Clinics = \$310 +HST for one full hour  
\*Flood times are part of instruction time

## NTR GUIDELINES AND POLICIES

- Ice resurfacing (floods) are part of the scheduled time;
- Participants may only attend classes on the day they are registered for;
- NTR reserves the right to cancel or re-schedule any class due to enrollment;
- NTR reserves the right to move participants to an appropriate class for their skill level;
- Payment in full must be made at time of registration. Returned cheques (NSF) will be charged a \$25 fee;
- If a participant needs to withdraw from a program for any reason, NTR will provide a full credit that can be used for any NTR activity. If the participant requires a refund there will be a 10% administration fee charged. No refunds will be issued after the third class of any program;
- All NTR programs require participants to wear a helmet with full facial protection. All private facility rental users MUST properly wear a CSA approved helmet at all times when on any NTR ice surface (adults included);
- NTR is not responsible for lost, stolen, or vandalized items. Items left unattended are done at users' own risk.

# NATIONAL TRAINING RINKS NEWMARKET

NOT JUST ANOTHER ARENA



PRE-TRYOUT  
MARCH BREAK  
PROGRAMS 2019

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newmarket@ntrcanada.com

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Visit us at: NTRCanada.com

# REP PRE TRYOUT CAMPS

WE ARE OFFERING 6 WEEKS OF INSTRUCTIONAL CAMPS

## AGE SPECIFIC SESSIONS

The training sessions will be specifically for players intending on trying out for rep teams and are led exclusively by head instructors. Age specific clinics will consist of instruction the following areas:

- Power Skating
- Puck Control
- Passing
- Puck Protection
- Shooting
- Angling
- 1-on-1s & Battling
- Conditioning

# MULTI-SESSION DISCOUNTS

1 to 2 Sessions	LISTED PRICE
3 Sessions	5% DISCOUNT
4+ Sessions	7% DISCOUNT

Registration Note: To take advantage of multi-session discounts, please register in person or by phone.

# GOALIE SPECIFIC PRE TRYOUT CAMPS

Week 4	Wednesday, April 10	6:00pm – 8:00pm	\$80
Week 5	Wednesday, April 17	6:00pm – 8:00pm	\$80
Week 6	Wednesday, April 24	6:00pm – 8:00pm	\$80

## WEEK 1 March 18<sup>th</sup> – 24<sup>th</sup>

'11 / '12 Elite	Monday	5:00pm – 6:15pm	\$89 <sup>+HST</sup>
	Saturday	1:00pm – 3:00pm	
AAA / AA '09 / '10	Tuesday	6:00pm – 7:30pm	\$79 <sup>+HST</sup>
	Thursday	7:00pm – 8:30pm	
AAA / AA '07 / '08	Monday	6:15pm – 7:45pm	\$79 <sup>+HST</sup>
	Tuesday	7:30pm – 9:00pm	
AAA / AA '04 / '05 / '06	Monday	8:45pm – 9:45pm	\$69 <sup>+HST</sup>
	Thursday	8:30pm – 10:00pm	

## WEEK 2 March 25<sup>th</sup> – 31<sup>st</sup>

'11 / '12 Elite	Monday	5:15pm – 6:15pm	\$119 <sup>+HST</sup>
	Saturday	9:00am – 10:30am	
	Sunday	9:00am – 11:00am	
AAA / AA '09 / '10	Tuesday	6:00pm – 7:30pm	\$129 <sup>+HST</sup>
	Saturday	10:30am – 12:00pm	
	Sunday	11:00am – 1:00pm	
AAA / AA '07 / '08	Monday	6:15pm – 7:45pm	\$149 <sup>+HST</sup>
	Saturday	2:00pm – 4:00pm	
	Saturday	1:00pm – 3:00pm	
Body Checking & Angling	Monday	8:45pm – 9:45pm	\$129 <sup>+HST</sup>
	Thursday	8:00pm – 10:00pm	
	Saturday	6:45pm – 8:45pm	
Power Skating & Puck Control	Thursday	7:00pm – 8:00pm	\$129 <sup>+HST</sup>
	Saturday	12:00pm – 2:00pm	
	Sunday	3:00pm – 5:00pm	
Advanced Power Skating & Puck Control	Tuesday	7:30pm – 9:00pm	\$149 <sup>+HST</sup>
	Saturday	4:45pm – 6:45pm	
	Sunday	5:00pm – 7:00pm	

## WEEK 3 April 1<sup>st</sup> – 7<sup>th</sup>

'11 / '12 Elite	Monday	5:00pm – 6:00pm	\$55 <sup>+HST</sup>
	Tuesday	6:00pm – 7:00pm	
AAA / AA '09 / '10	Monday	5:15pm – 6:15pm	\$55 <sup>+HST</sup>
	Tuesday	7:00pm – 8:00pm	
AAA / AA '07 / '08	Monday	7:30pm – 8:30pm	\$55 <sup>+HST</sup>
	Tuesday	8:00pm – 9:00pm	
Body Checking & Angling	Monday	8:30pm – 10:00pm	\$79 <sup>+HST</sup>
	Thursday	8:30pm – 10:00pm	
Power Skating & Puck Control	Monday	6:15pm – 7:45pm	\$79 <sup>+HST</sup>
	Thursday	7:00pm – 8:30pm	
Advanced Power Skating & Puck Control	Thursday	7:30pm – 9:30pm	\$55 <sup>+HST</sup>

## WEEK 4 April 8<sup>th</sup> – 14<sup>th</sup>

'11 / '12	Monday	5:15pm – 6:15pm	\$149 <sup>+HST</sup>
	Thursday	5:30pm – 6:30pm	
	Friday	5:30pm – 7:00pm	
'09 / '10	Sunday	12:30pm – 2:30pm	\$129 <sup>+HST</sup>
	Monday	6:00pm – 7:30pm	
	Thursday	5:15pm – 6:45pm	
'07 / '08	Sunday	2:30pm – 4:30pm	\$129 <sup>+HST</sup>
	Monday	6:15pm – 7:45pm	
	Thursday	6:45pm – 8:15pm	
'04 / '05 / '06	Sunday	4:30pm – 6:30pm	\$129 <sup>+HST</sup>
	Monday	9:00pm – 10:30pm	
	Tuesday	8:30pm – 10:00pm	
Body Checking & Angling	Wednesday	8:00pm – 10:00pm	\$189 <sup>+HST</sup>
	Monday	7:30pm – 9:00pm	
	Tuesday	7:30pm – 9:30pm	
AAA Tryout Prep (2009 – 2010)	Thursday	8:15pm – 9:45pm	\$149 <sup>+HST</sup>
	Sunday	5:00pm – 7:00pm	
	Tuesday	6:00pm – 7:30pm	
AAA Tryout Prep (2007 – 2008)	Friday	5:00pm – 7:00pm	\$139 <sup>+HST</sup>
	Sunday	1:00pm – 3:00pm	
	Wednesday	6:30pm – 7:45pm	
10+ Defense Skills	Friday	7:00pm – 9:00pm	\$119 <sup>+HST</sup>
	Sunday	3:00pm – 5:00pm	
	Wednesday	7:45pm – 9:15pm	
	Thursday	7:30pm – 9:00pm	\$119 <sup>+HST</sup>
	Friday	7:00pm – 8:30pm	
	Friday	7:00pm – 8:30pm	

## WEEK 6 April 22<sup>nd</sup> – 28<sup>th</sup>

'11 / '12	Monday	5:15pm – 6:45pm	\$109 <sup>+HST</sup>
	Tuesday	6:00pm – 7:30pm	
	Thursday	5:15pm – 6:15pm	
'09 / '10	Monday	6:00pm – 7:30pm	\$99 <sup>+HST</sup>
	Wednesday	6:30pm – 7:45pm	
	Thursday	6:15pm – 7:15pm	
'07 / '08	Monday	6:45pm – 8:15pm	\$109 <sup>+HST</sup>
	Tuesday	6:30pm – 8:00pm	
	Thursday	7:15pm – 8:15pm	

## WEEK 5 April 15<sup>th</sup> – 21<sup>st</sup>

'11 / '12	Monday	5:15pm – 6:15pm	\$95 <sup>+HST</sup>
	Tuesday	6:00pm – 7:30pm	
	Thursday	5:30pm – 6:30pm	
'09 / '10	Monday	6:00pm – 7:30pm	\$115 <sup>+HST</sup>
	Wednesday	6:30pm – 7:45pm	
	Thursday	5:15pm – 6:45pm	
'07 / '08	Monday	6:15pm – 7:45pm	\$119 <sup>+HST</sup>
	Tuesday	6:30pm – 8:00pm	
	Thursday	6:45pm – 8:15pm	
'04 / '05 / '06	Monday	9:00pm – 10:30pm	\$119 <sup>+HST</sup>
	Tuesday	9:00pm – 10:30pm	
	Thursday	9:00pm – 10:30pm	
Body Checking & Angling	Monday	7:30pm – 9:00pm	\$129 <sup>+HST</sup>
	Wednesday	8:00pm – 10:00pm	
	Thursday	8:15pm – 9:45pm	
Advanced Power Skating & Puck Control	Tuesday	8:00pm – 9:30pm	\$119 <sup>+HST</sup>
	Wednesday	7:45pm – 9:15pm	
	Thursday	7:30pm – 9:00pm	
10+ Defense Skills	Monday	8:45pm – 9:45pm	\$69 <sup>+HST</sup>
	Tuesday	7:30pm – 9:00pm	

'04 / '05 / '06	Monday	8:15pm – 9:45pm	\$129 <sup>+HST</sup>
	Wednesday	8:00pm – 10:00pm	
	Thursday	9:00pm – 10:30pm	
Advanced Power Skating & Puck Control	Tuesday	8:00pm – 9:30pm	\$119 <sup>+HST</sup>
	Wednesday	7:45pm – 9:15pm	
	Thursday	7:30pm – 9:00pm	
10+ Defense Skills	Monday	7:30pm – 9:30pm	\$129 <sup>+HST</sup>
	Tuesday	7:30pm – 9:00pm	
	Thursday	8:15pm – 9:45pm	